## EMPATHY IN ACTION

### Summer Retreat in Kenya 2008

Please join us for a unique retreat in rural Kenya with Ken Browne (Consultant Spiritual Advisor, Psychotherapist) and Nim Njuguna (phd, Spiritual Director, Therapist)

#### Aims:

- To have an individual experience of practical work in a rural community within a group context.
- To encourage 'spiritual conversation'.....an open, congruent and trustful sharing of spiritual experience.
- To facilitate an experience of 'to thine own self be true'
- To embrace the cultural differences we will experience to enhance our individual growth in response to our own calling

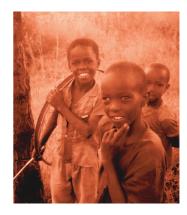
Date: 29th June - 9th July 2008 Cost: £600 (Full board) Excl Flights

For further details and application form please contact:

Ken or Nim kenya-retreat@hotmail.com

# Overcoming poverty is not a gesture of charity; it is an act of justice. (Mandela)





To go on a quest is nothing more or less than to become an asker of questions. (Quakers)

The long day wanes: the slow moon climbs: the deep Moans round with many voices. Come, my friends, Tis not too late to seek a newer world.

(Tennyson's Ulysses)





If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you. (The Gospel According to Thomas)

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